POST Administrative Interview
Advisement and Transcription Cover Page

POST CASE NUMBER: POST2507337

SUBJECT OFFICER NAME: Matt White

Administrative Interview Advisement

Following is the record of an Administrative Interview conducted by the Professional Conduct Northern Bureau on 12/18/2025 with Officer Matt White, who is the subject of this investigation. The interview was recorded and a true and correct copy of the recording is being maintained by the Professional Conduct Northern Bureau. The recording reflects all relevant statements and conversations occurring during the course of the interview. The interview was also transcribed by AXON AI Transcription. This transcript was prepared by Analyst II Tiana Yen, Professional Conduct Northern Bureau.

Parties Present:
Law Enforcement Consultant Rick Collins, Professional Conduct Northern Bureau, Primary Investigator
Officer Matt White, Sacramento County Sheriff's Department, Subject Officer
Joseph Hoffman, Mastagni and Holdstedt Law Firm, Representative for Subject Officer

**********Start of transcription**********

[00:01]

Rick Collins: All right. I have started the recorder. So you guys know, uh, the date is Thursday, December 18th, 2025. The time is approximately 1:53 PM. This is an, an administrative interview concerning Matt White, who is employed by the Sacramento County Sheriff's Department. This interview is being conducted and recorded at the California Peace Officer Standards and Training POST Headquarters, specifically, we are in Training Room C. I am Law Enforcement Consultant Rick Collins, and I'm in charge of this interview. There's nobody assisting me today, so I'll cross that out. Also present is Matt White and his representative Joe Hoffman of Mastagni and Holtstedt. Each person present is required to identify themselves on the recording by giving their name, title, and or classification and place of employment. Um, Matt, do you want to go ahead and start?

[00:58]

Matt White: I am Matt White. I work at the Sacramento County Sheriff's Department as a Deputy Sheriff.

[01:01]

Rick Collins: And Joe?

[01:02]

Joseph Hoffman: My name is Joseph Hoffman. I am a Senior Associate with Mastagni and Holtstedt Law Firm.

[01:09]

Rick Collins: Okay. And my name is Rick Collins. I'm a Law Enforcement Consultant with, uh, POST in the Professional Conduct Northern Bureau. Matt, you are being questioned as part of an official Peace Officer Standards and Accountability Division investigation. You are hereby directed to answer all questions honestly and completely. Your refusal to answer any question or any type of evasion, deception, dishonesty, or lack of cooperation on your part could constitute serious misconduct and result in further actions concerning your certification up to and including revocation of your per POST Certification. Neither your statement nor any information or evidence which is gained by reason of such statements can be used against you in criminal proceedings. That's what we were talking about in the hallway. Uh, no other promise will be made as any as an inducement for the answer to any question. This recorded interview is authorized by Commission Regulation Title 11, Section 1206 paren a paren four of the California Code of Regulations. You may record any portion of this in interview or have access to POST's recording if any further proceedings are contemplated or prior to any subsequent interviews, you have the right to be represented by an individual of your choice who may be present at all times during your interview. Provided the person chosen is not a witness or subject of this inquiry. POST is not your subject. POST is not your employing agency. Therefore, this interview is not subject to the Peace Officer Bill of Rights Act, including, but not limited to Sections 3303 through 3312 of the Government Code. Although you as a representative are present to assist, the subject officer, POST is only interested in hearing the officer's account of the matter under investigation. You may participate during the interview when appropriate, but you may not interfere with or cause unnecessary delay to the orderly course of

the interview. You will be given the opportunity to make clarifying statements and ask clarifying questions. If you need to take a break to use the restroom or attend to personal necessities, you may do so upon requests. However, before making a request, you must answer the any pending questions. To maintain the integrity of the investigation, you must not discuss the questions asked or facts discussed in this interview with anyone other than your legal counsel or as otherwise required required by law. Do you both understand and agree to proceed in accordance with these instructions?

[03:54]
Joseph Hoffman: Yes.

[03:54]
Matt White: Yes.

[03:55]
Rick Collins: Okay. And this is where we begin.

[03:59]
Matt White: Okay.

[04:00]
Rick Collins: Question number one. Uh, it's been almost a year and a half since your arrest by the Folsom Police Department. Have you been sober since then? If so, what methods and resources do you rely on to remain sober?

[04:11]

Matt White: You know, I appreciate that question because, uh, when I was arrested in August, um, uh, it was pretty, uh, uh, sobering idea. And I knew I wanted to get sober and I struggled with it. I, from August to December, I had two drinks. Um, and that last drink was on, uh, on Christmas. And I remember, uh, being baffled why I was struggling with this. Uh, I had just gone through a pretty traumatic incident of being arrested and the potential of losing my job. And here I was still drinking. And, uh, I was attending AA during that time, immediately from after my arrest. And I, uh, was, uh, well, the first time I really a answered myself, what am I doing? So I started to look at, um, uh, outpatient programs, uh, the first of the year. And I remember being kind of profound that all they offered was, uh, alcohol counseling. And I remember thinking on the humorous side, boy, I think I know enough about alcohol already. I need something further. So that was the first time I actually looked into a rehab.

[05:11]

Rick Collins: Mm-hmm <affirmative>.

[05:11]

Matt White: Uh, so I had my last drink on January 12th of, uh, would be, uh, 11 months ago.

[05:17]

Rick Collins: Okay.

[05:18]

Matt White: Um, um, so, uh, with, with that, with that, [redacted] And I, uh,

approached my employers about it. I, uh, had a sick leave balance. They, uh, they approved that sick leave, uh, with the doctor's note. So I, I think I earned something like 300 hours of sick leave. [redacted]

[05:47]

Rick Collins: Mm-hmm <affirmative>.

[05:47]

Matt White: [redacted].

[05:51]

Rick Collins: Okay.

[05:52]

Matt White: And that was one of the first things I really kind of connected and wanted to resolve. Why am I drinking? Why am I having these problems? [redacted] And I'm happy to say that counselors, I, since then, I, since April, I, I still speak with every, every week.

[06:13]

Rick Collins: Okay.

[06:13]

Matt White: Um. So I don't know how, uh, but it, but, and I also attend AA and I see my counselor AA, uh, once a week. And, uh, yes, I've been able to remain sober since January 12th.

[06:28]

Rick Collins: So just to ensure that I heard you correctly, every, you still meet with [redacted] Do you still meet with that person?

[06:38]

Matt White Every week.

[06:39]

Rick Collins: Every.

[06:39]

Matt White: Week, uh.

[06:39]

Rick Collins: Per.

[06:40]

Matt White: On Zoom.

[06:40]

Rick Collins: On Zoom.

[06:41]

Matt White: On Zoom, yeah. And I, uh, of course I have a AA sponsor and going through the rehab, um, there was a lot of things that exposed, uh, uh, insecurities, weaknesses, uh, at my fault. And I also met a lot of great, uh, uh, employees that I have at the Sheriff's Department that I rely on.

[06:57]

Rick Collins: Okay.

[06:57]

Matt White: To this day. Um, so I have a great, uh, program, I think working for me right now.

[07:05]

Rick Collins: Do you maintain a log or possess records that document your AA meetings and or therapy sessions?

[07:11]

Matt White: Uh.

[07:12]

Rick Collins: If, if you do, can you provide that to POST?

[07:14]

Matt White: Uh, I have not. Uh, and I would not be able to because I, not because I knew that that was actually addressed. Uh, going to, I thought about doing that in the, uh, IA investigation and working 12 hours and being a new father, um, working days of 15 hours. It was tough to get to meetings here and there, so it was very sporadic. I would do it on Zoom, but I can tell you with the most honesty that I have consistently gone, I've never gone with a meeting without probably three weeks.

[07:43]

Rick Collins: Okay.

[07:44]

Matt White: Um, so, but I've always been in contact with somebody in some form of that. But to answer your question, no, I don't have documentation of that.

[07:50]

Rick Collins: Okay.

[07:50]

Matt White: I can give you my word for what it's worth.

[07:53]

Rick Collins: Uh, you've answered that question already. And the question was, in your administrative interview with Sergeant Haynes, you stated that you had not drunk alcohol since January 12th, 2025. Is that still true today?

[08:05]

Matt White: Yes.

[08:05]

Rick Collins: The answer to that question is yes.

[08:07]

Matt White: Yes.

[08:07]

Rick Collins: Okay. When you were pulled over by the Folsom Police Department in August of 2024, what was the status of your driver's license?

[08:16]

Matt White: Valid <pause>. You, you know, if I could add just one other thing, um, through the criminal side of, uh, of my, uh, criminal probation was to attend, uh, a, uh, treatment, but also the DUI program. So I, I meet with a counselor once a week also and attend a group meeting.

[08:39]

Rick Collins: Okay.

[08:39]

Matt White: Um, once every week since August.

[08:41]

Rick Collins: Is that part of the 18th month?

[08:43]

Matt White: It is.

[08:43]

Rick Collins: Okay. I have a question for.

[08:45]

Matt White: Okay sorry.

[08:45]

Rick Collins: That later on. We'll get to that, uh, what are your.

[08:48]

Joseph Hoffman: What are your counseling separate from that?

[08:49]

Matt White: Separate, yeah.

[08:50]

Rick Collins: Yeah.

[08:50]

Joseph Hoffman: Okay.

[08:51]

Rick Collins: Uh, what is your current driver's license? Lattice <laugh>, your driver's license status now?

[08:57]

Matt White: It is a, what they would call a restricted, uh, I am able to operate a vehicle as long as I have a alcohol breathalyzer in my vehicle.

[09:05]

Rick Collins: Okay. With breathalyzer. And do they still have you in a non-driving, uh, status at work?

[09:13]

Matt White: Yes, they do.

[09:14]

Rick Collins: Okay. If push came to shove, would you be able to drive a Sacramento County vehicle?

[09:24]

Joseph Hoffman: He may not know the legal nuance, because there is a special DMV form that we submit for police officers and firefighters who have a

re a, a restricted license or provisional license that requires an IID. And if the employer chooses to sign the disclosure, then our clients in his, with his driver's license status can operate a, uh, county police or fire vehicle without an IID, but his employer would have to sign the DMV form first.

[09:59]
Rick Collins: Okay.

[10:00]
Matt White: That was my understanding also.

[10:01]
Rick Collins: Yeah. And I remember listening to that during his IA interview.

[10:05]
Joseph Hoffman: Oh, okay.

[10:06]
Rick Collins: You stepped in and said, yeah, I was just wondering if that, I guess I should have asked a better question. Does Sacramento, have they signed that form in case of an emergency or is that, if, if it came to it, would you still have to present that form to admin to get you to drive a county vehicle?

[10:26]
Matt White: I'm gonna say yes, I believe that would be the case.

[10:28]
Rick Collins: Okay. Okay.

[10:31]

Matt White: But right now I'm in an assignment where I don't think that's gonna be brought up. Just here.

[10:35]

Rick Collins: Okay. Um, and you've answered the question. You've signed up for the 18 month DUI completion program. What is the current status of that? How much longer do you have to go?

[10:45]

Matt White: I have until probably, uh, well, I would love to have an exact date, uh, date, but any time there's a flexible in the schedule, I will say approximately Feb, end of February of next year.

[10:58]

Rick Collins: Okay. So you anticipate February of 2026 is your completion date?

[11:03]

Matt White: Uh, 27.

[11:05]

Rick Collins: 27?

[11:05]

Matt White: Yeah. I have 18 months program.

[11:08]

Rick Collins: Okay. <pause> That makes sense.

[11:19]

Matt White: But they've only, they only schedule it out a year in advance.

[11:25]

Rick Collins: And you've answered that question, you continue to meet with your counselor from [redacted] weekly.

[11:31]

Matt White: Mm-hmm <affirmative>. Yeah.

[11:31]

Rick Collins: Via Zoom, correct.

[11:32]

Matt White: Yeah.

[11:33]

Rick Collins: And that is in conjunction with the AA, uh, meetings?

[11:37]

Matt White: Uh, yeah. Okay. Neither, uh, it's not required. I meet with the therapist, but it's something I voluntarily did.

[11:44]

Rick Collins: Absolutely.

[11:44]

Matt White: Yeah.

[11:44]

Rick Collins: Okay. <pause> At the time of the second incident in August of 2024, what was your assignment with the Sheriff's Department?

[11:55]

Matt White: I was in our Sheriff's North Patrol as a Field Training Officer.

[11:58]

Rick Collins: So you were in North Patrol?

[12:00]

Matt White: Yeah.

[12:09]

Rick Collins: <pause> And at the time of your IA interview, what was your assignment?

[12:15]

Matt White: I was assigned to the Rio Consumes, uh, Correctional Center of the jail. They had <pause> reassigned me.

[12:26]

Rick Collins: So just at, just to clarify, at the time of your arrest in August, you were working North Patrol?

[12:31]

Matt White: Mm-hmm <affirmative>.

[12:33]

Rick Collins: At the time when you were interviewed for, as part of your IA, you were in the, uh.

[12:36]

Matt White: Correctional facility.

[12:38]

Rick Collins: Correctional facility.

[12:38]

Matt White: Correct. Correctional facility, yep.

[12:39]

Rick Collins: Okay. And in your interview with Sergeant Haynes, you mentioned you found ways, and this is not verbatim, but you found ways to counter your internal problems with alcohol. My question to you is, what are the ways that you counter your internal struggles with alcohol? And I have this transcript here it is on page eight, line three eighteen if you need to.

[13:07]

Matt White: Uh, I would love to thank you. You said 18?

[13:11]

Rick Collins: Yeah, three sixteen. It's in that general.

[13:15]

Matt White: Okay. <pause> Yeah. Kind of similar to what I touched on before, like I, I always, alcohol for me was, uh, there was a bigger issue. I, I always, I'm kind of the first to say, uh, I don't even like to drink. If there was another vehicle to it, I would've probably, uh, but I like being drunk and, uh, being drunk to me was a intoxicating feeling that resolved. So, to answer your question, uh, through therapy,

mostly at the, um, uh, first responders to wellness, I learned that I had, uh, suffered from depression. And, uh, I was really, uh, negligent in the idea that I could spend 22 years in law enforcement and not have some form of, uh, PTSD. Uh, I, I really had a heart heartburn with that, but I did find that there was some things that was troubling me. And, uh, um, and I also had a lot of shame in the way I was living. And I had to, uh, correct that through, through therapy and speaking with, uh, candid with my wife and, uh, honesty with my family members of how I was hiding alcohol. And so, to answer your question of what I'm doing now is I can live an open and honest, uh, candid relationship without having alcohol. And, uh, I think, uh, I think I've lost my train of thought there where I was going. But, um, I think the power of communication and, uh, I'm very ashamed, uh, to have, be someone that has two DUIs in this profession. But I've never shied away from that. I've talked to a lot of people, uh, and I'm open about that, and I find that when I'm open about that, I don't feel that shame or that desire to drink. And I'm, uh, I found it very empowering to be very open about that and any other aspects of my life. And I, I hope that answers your question.

[15:22]

Rick Collins: It, it absolutely does. And just to, uh, kind of close this, what I'm getting from you is since January 12th, 2025, you have not had a sip of alcohol.

[15:32]

Matt White: Yeah.

[15:32]

Rick Collins: Uh, you abstain and you continue to do things to remain in that status.

[15:38]

Matt White: Yeah. And I think I would like to add that not only do my, am I like, uh, I really wanted to sh to rebound from this. This was not something I wanted to settle and ride out my career and just say a class, I want to rebound from this. I wanted to project and make something positive from this. And I think what shows that mostly is we wrapped this IA up in July.

[16:00]

Rick Collins: Mm-hmm <affirmative>.

[16:00]

Matt White: I thought that was the end of it. But here I am, almost six, seven months, still sober, still going, still meeting with the therapist.

[16:06]

Rick Collins: Mm-hmm <affirmative>.

[16:07]

Matt White: You know, it's not hopes that, yeah, I hope that I live a good life and I know I, I love my Sheriff's Department. I love what it's done for me. It's given me every other thing I have in my life, but also it's given me character and integrity, and I hope to show that. And I've spoken in briefings, I speak at our academy, I, I be open about my

own struggles with it. And, um, I hope I close with that, that I want to give back, give back to my department and give, uh, make a positive out of, out of this experience for me.

[16:37]

Rick Collins: Okay.

[16:37]

Matt White: Yeah.

[16:38]

Rick Collins: Well, that concludes the interview. Um, I thank you both for your time and your cooperation and your patience. Um, please don't hesitate to reach out to me if you have any questions. Um, as you guys are, are pretty, I think I've shown pretty clearly that I'm pretty transparent.

[16:56]

Matt White: Of course. Yeah.

[16:57]

Rick Collins: I, I don't, I don't want to hide anything away from you. Um, when I present this to the EXO and they say, okay, we're going to get the letter and give the recommendation, I'll reach out to you. You can reach out to Joe and let them know, okay, here's the, here's what's happening. Here's what you can expect next.

[17:13]

Matt White: I don't think I'm completely understand what an EXO is.

[17:16]

Rick Collins: Um, like we, we were downstairs talking about, hold on, let me, I'm gonna stop this. Yes, it is 2:10 and the interview is complete.

**********End of transcription**********

I have used all reasonable diligence in reviewing this transcription and to the best of my knowledge the information contained herein is true and complete.

_____ _____

Investigator Date